Course Title:  **Psychology**

Course Description: An introduction of the science of Psychology: the study of the human mind and human behavior.

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Text/Course Materials: Invitation to Psychology, 3rd ed., Wade -Tavris

Oregon State Standards Learned in this Course: Social Studies Analysis Benchmarks

Grading Policies: 90 +% = A, 80+% = B, 70+% = C, 60+% = D, 59 below = F

* Daily work / projects / assignments
* Weekly quizzes

Classroom Expectations: On Time , Prepared, Engaged.

**Motivation /Study Habits**

Probably the most important aspect for you to master in this class is finding a reason to

be here. It can't just be *any* reason to be here, however; it must be an *intrinsic* reason to be here. What does "intrinsic" mean? It **doesn't** mean you signed up for this class because it "looked good on the schedule, and besides, a friend told me it's the easiest social science class to take." OR " it really fits my schedule." OR "the textbook had a nice cover" etc. An *intrinsic* reason means you find an internal, passionate reason to make this class meaningful to your life. "I care passionately about other people; I love learning about what makes people tick; I want to understand how a person living in America is so different than a person who lives else where; I want to know what all this talk about nature vs. nurture is; I want to learn about myself " ... all these statements are intrinsic reasons to be in this class. Find one for yourself. If you can't find one, find another class that's right for you. You simply won't enjoy coming to this class each week, or reading the textbook before class and after class, and studying throughout the semester if you are not motivated. Finally, you simply won't be successful in this class because you're not motivated to be here in the first place.

**Course Outcomes:**

By the conclusion of the class, students will be able to:

* Define psychology; explain the history and present day approaches
* Explain the human central nervous system and endocrine systems and explain how these affect

human behavior and emotions

* Understand and explain different states of consciousness, such as sleep, dreams, meditation,

and therapeutic uses of hypnosis

* Describe the value of eyewitness testimony, and the current controversy regarding recovered

memories.

* Examine what intelligence is, multiple intelligences, emotional quotient, motivation, and creativity

and be able to apply them to yourself

* Examine how gender plays a role in personality development and be able to explain how nature

and nurture define our personalities

* Explain and be able to describe the major theories of personality
* List and explain the various types of psychological disorders
* Examine and judge the effectiveness of various psychological and biological therapies